



# JANUARY 2023

Sparta Dist. 140

Kindergarten - 8<sup>th</sup> grade  
Breakfast - \$2.20  
Lunch - \$2.95  
Extra milk - \$0.40  
Menu Subject to Change

High School 9-12  
Breakfast - \$2.40  
Lunch - \$3.05  
Extra milk - \$0.40  
Adults - \$2.80/\$3.80

Monday

Tuesday

Wednesday

Thursday

Friday

2

NO SCHOOL

3

NO SCHOOL  
TEACHERS INSTITUTE

4

Chicken Strips  
Cheesy Broccoli  
Applesauce

5

Hamburger Helper  
Glazed Carrots  
Bread Stick  
Pears

6

Stuffed Crust Pizza  
Corn  
Cookie  
Peaches

9

BBQ Pork Sand.  
Baked Beans  
Apple

10

Taco on softshell  
Corn  
Oranges

11

Grilled Cheese  
Fresh Veggies  
Pears  
Teddy Grahams

12

Ham & Beans  
Carrots  
Corn Bread  
Ice Cream Cup

13

Calzone  
Spinach Salad  
Mix Fruit

16

NO SCHOOL  
ML Kings Day

17

Cheeseburger on Bun  
Tater Wedges  
Baked Beans  
Apples

18

Crispitos  
Fresh Veggie  
Sun Chips  
Pears

19

Chicken & Noodles  
Glazed Carrots  
Brownies  
Mix Fruit

20

Grilled Cheese  
Steamed Broccoli  
Oranges

23

Fish Sticks  
Slaw  
Green Beans  
Fruit Cup

24

Chicken Fajitas  
Corn  
Peaches

25

BBQ Pork Sand.  
Baked Beans  
Applesauce

26

Country Fried Pork Steak  
Mashed Potatoes & Gravy  
Peas  
Apple

27

Pizza  
Broccoli  
Mix Fruit

30

BBQ Chicken Sand  
Green Beans  
Cinnamon Apples

31

Tacos  
Refried Beans  
Orange



PAY FOR MEALS ONLINE  
[MySchoolBucks.com](https://www.MyschoolBucks.com)



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**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

NO SCHOOL

NO SCHOOL  
TEACHERS INTITUTE

Sausage Pancake Nuggets  
Or Cereal  
Juice

Scrambled Eggs w/  
Ham/Cheese  
Hash brown Or Cereal  
Peaches

Breakfast Pizza  
Or Cereal  
Juice

French Toast  
Or Cereal  
Cinnamon Apples

Homemade Coffee Cake  
Or Cereal  
Juice

Pop-Tarts  
Or Cereal  
Strawberries

Sausage/Egg/Cheese  
Biscuit Or Cereal  
Juice

Cinnamon Rolls  
Or Cereal  
Applesauce

MLK Day  
NO SCHOOL

Biscuits & Gravy  
Breakfast Potatoes Or  
Cereal  
Fruit

Homemade Muffins  
Or Cereal  
Juice

Waffles  
Or Cereal  
Blueberries/Strawberries

Scrambled Egg w/  
Ham/cheese, Toast  
Or Cereal  
Juice

WG Mini Donuts  
Or Cereal  
Peaches

Homemade Donuts  
Or Cereal  
Juice

Smoothie  
Or Cereal  
Applesauce

Sausage/Egg/Cheese Biscuit  
Or Cereal  
Juice

Breakfast Pizza  
Or Cereal  
Mix Fruit

Sausage Pancake Nuggets  
Or Cereal  
Juice

Oatmeal with Apples  
& Toast Or  
Cereal w/ toast



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